

# London Music Program with the Royal College of Music



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# Agenda

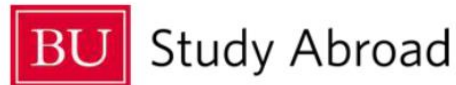



- Introductions
- Academics
- Finances and Budgeting
- Life on Site
- Social Programme
- Culture Shock
- Health and Safety
- Wrap Up/Questions
- Appendices

# Pre-Departure Roadmap



## Boston University Study Abroad Pre-Departure Roadmap



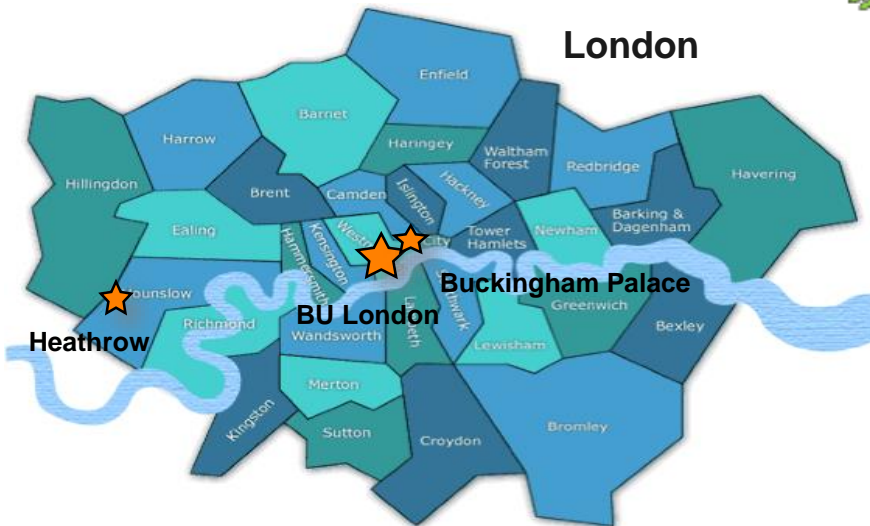
 Study Abroad

▶ [twitter.com/BUabroad](https://twitter.com/BUabroad) ▶ [facebook.com/BUabroad](https://facebook.com/BUabroad) ▶ [bu.edu/abroad](https://bu.edu/abroad)

# Location: Your Location In Perspective

**Population of London:  
Over 8 million people**

*-2011 Census*

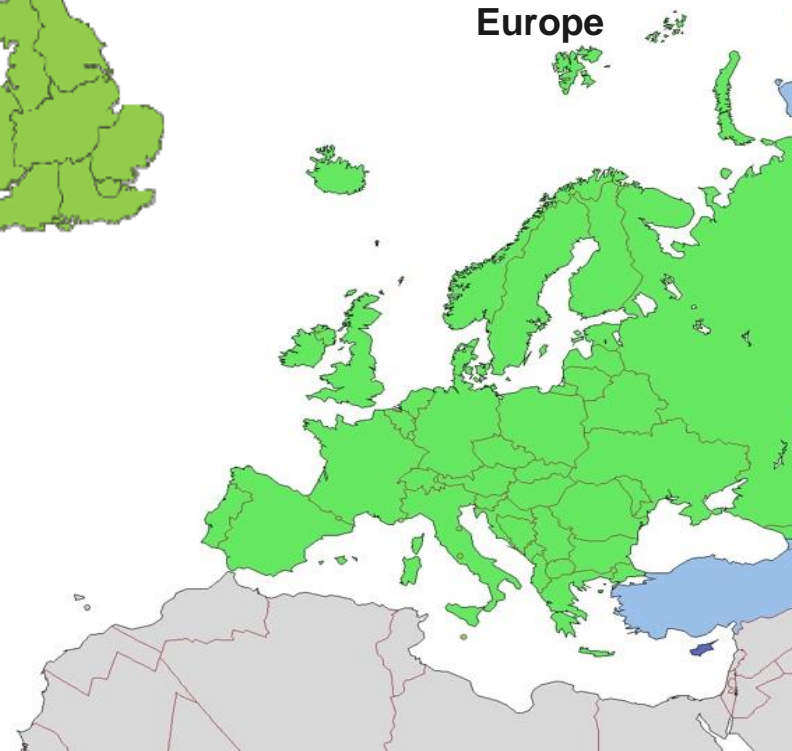


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**United Kingdom**



**Europe**



## Location: Neighborhood



**7 bedroom house for sale  
Queensberry Place,  
South Kensington, SW7**

**£12,500,000**

Location: Neighborhood



6 bedroom house for sale:  
Gloucester Road, SW7  
£15,000,000

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## Location: Neighborhood

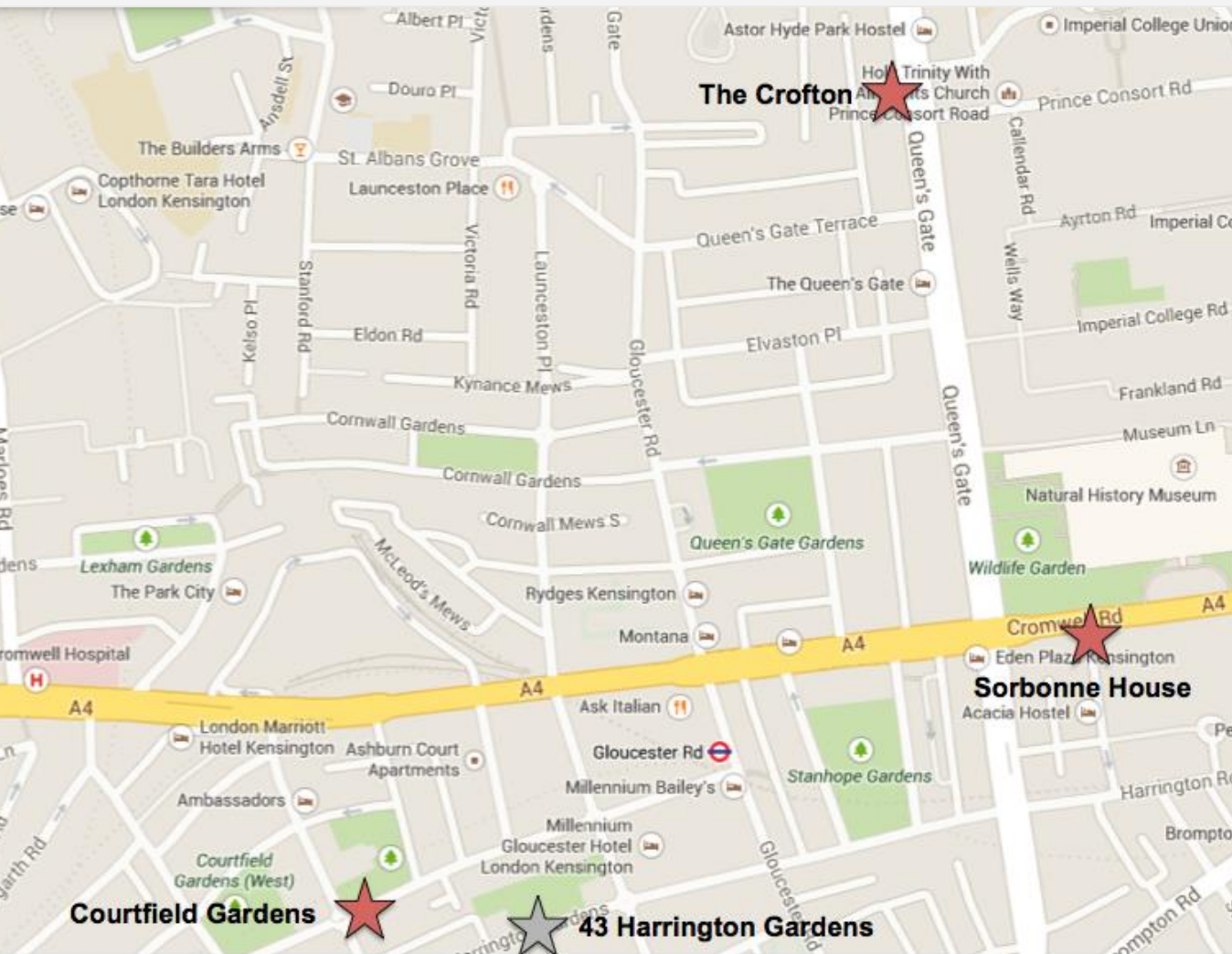


**4 bedroom flat for  
sale:**

**Queens Gate  
South  
Kensington, SW7**

**£4,500, 000**

## Location: Where You Are



### 10-15 Minute Walk:

- Tube Stations
- Hyde Park
- Between buildings

### 20-25 Minute Walk:

- King's Road
- Portobello Market
- Harvey Nichols and Harrods

### 30-45 Minute Walk:

- Piccadilly Circus
- Buckingham Palace



## Location: Housing

# This is your London pad

Our programme housing is situated in South Kensington, a short journey by Tube or bus to London's greatest attractions.

Flat/Room number, address, and Flat numbers will be displayed on your Personal Page.

Residence-hall style, shared but fully stocked kitchens, en-suite bathrooms, security and housekeeping, and Resident Life Supervisors



## Location: BU British Programmes

### 43 Harrington Gardens



Dating from the early 1880s, this is an early example of the architect Ernest George's take on the so-called Dutch Flemish style. Most of your classes will be held here or at The Crofton.

The picturesque Flemish looks of the building with its red brick construction, gables and terracotta detailing influenced many buildings in London and throughout the country.

The building was originally a grand Victorian house and it retains many of its original features. It has been Boston University's London headquarters since the mid-1980s.

The building is within a 10-15 minute walk of your residence and is equipped with a library, Internet facilities, student mailboxes, and classrooms

## Student Affairs Office

Situated on the 1st floor, all the staff in this room are there to help you.

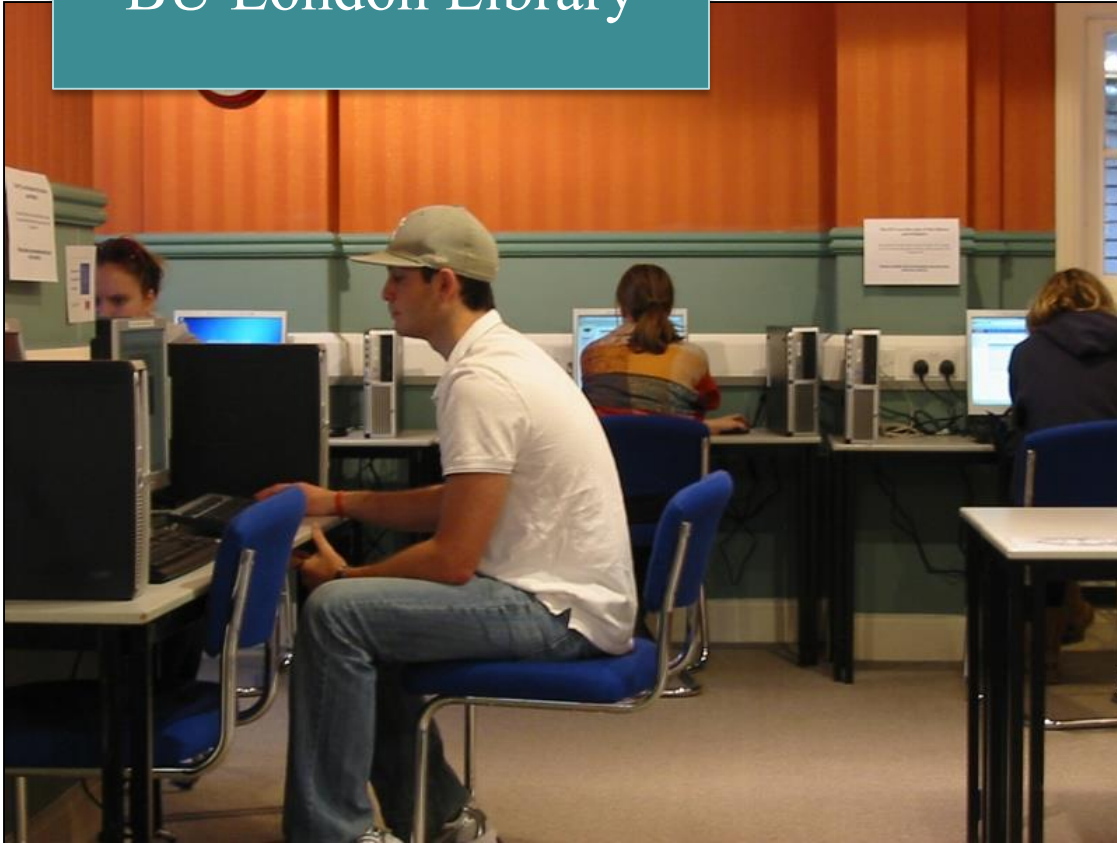
A room full of Londoners, with our counsellor, the Academic team and the Directors nearby. You may need to visit us each week or hardly at all.

We're here to help!



## Location: Library & Computer Facilities

### BU London Library



- The Library is located in the basement of 43 Harrington Gardens. The Library holds a selection of journals, articles, a reference and DVD collection, fiction works and national daily newspapers and magazines
- Book Sale during Arrivals week to purchase set texts
- You can book Writing Assistance sessions in the Library – appointments with Writing Fellow available each week
- Computers and printing facilities

## Name That Note!

<b>UK Term</b>	<b>US Term</b>
<b>Semibreve</b>	Whole note
<b>Crotchet</b>	Quarter note
<b>Minim</b>	Half note
<b>Quaver</b>	Eighth note
<b>Semiquaver</b>	Sixteenth note
<b>Demisemiquaver</b>	Thirty-second note
<b>Hemidemisemiquaver</b>	Sixty-fourth note
<b>Semitone</b>	Half step

# Academic Outline



## Independent Program Structure

- **Two Weeks Studying AH 381: London Architecture & Urbanism**
  - 4-Hour Sessions, most days of the week
  - Lots of field trips, site visits
  - Field trips will end at the site; free to make your own way after
- **Direct Enrollment in Royal College of Music**
  - Attend RCM Orientation Week
  - Emailed RCM Account Registration
  - Check your class timetable frequently; course schedules can and will change!
- **Program has previously included:**
  - BBC Proms at Royal Albert Hall
  - RCM Performances
  - Thanksgiving Concert for BU London

# Academic Outline

## **The Royal College of Music is a *Conservatoire-Style* Institution**

- Highly independent, self-driven program
- Individualized schedules and lessons
- Students will participate in ensembles and projects as required and desired
- Performances at the end of the term
- If you are not busy enough, talk to the RCM to join more activities

## **Rehearsal Space**

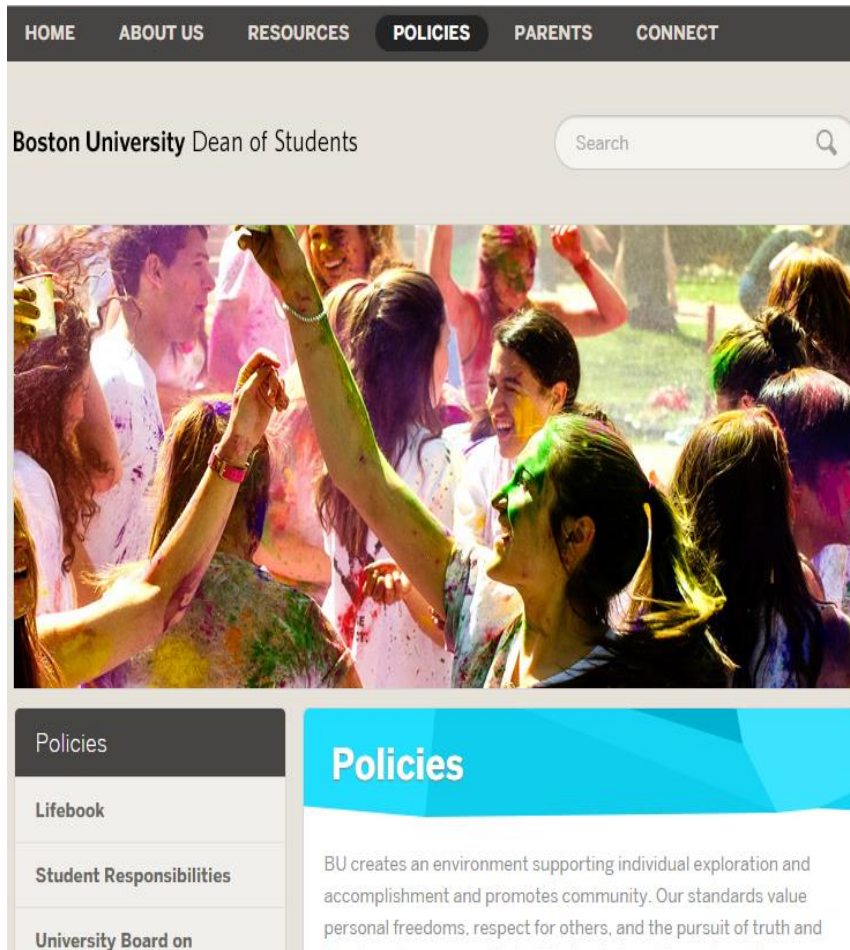
- Students will have rehearsal space for the entire duration of the program
- You'll be required to book rehearsal space ahead of time for 2-Hour time slots
- BU London will secure rehearsal space before RCM term begins
- Once RCM term has started, book through RCM website – 24/7 booking system

## **Course Registration**

- Program credit ranges between 16-20 credits depending upon your section
- Courses will be automatically determined by CFA and the RCM for each student
- Students are not able to select their own courses as they will be determined based on each student's requirements



# Academic Policies



HOME ABOUT US RESOURCES **POLICIES** PARENTS CONNECT

Boston University Dean of Students

**Policies**

Lifebook

Student Responsibilities

University Board on

**Policies**

BU creates an environment supporting individual exploration and accomplishment and promotes community. Our standards value personal freedoms, respect for others, and the pursuit of truth and



- All students are subject to BU's [Academic Code of Conduct](#)
- If accommodations are needed, notify BU Study Abroad and BU's Office of Disability Services.
- Graded not only on Final Performance but improvement and participation throughout the semester.
- All students will be required to take their own instruments to London and transport them to and from the college for academic activities and rehearsals. For large instruments, talk to Program Manager individually.
- Attendance policies
  - Personal travel must NOT conflict with academic obligations
  - Attendance is **mandatory** and is factored into your final grade.



## Pre-Departure: London Personal Page

### Step 1

Supply an e-mail address and suitable picture, giving you access to your Personal Page.

### Step 3

Order a mobile phone or a SIM card (if you are planning to bring your own handset). These will be waiting for you when you arrive. Essential for staying in touch by voice or text in Europe or the UK. You will need a phone during emergencies.

### Step 2

- a) Select Housing in The Crofton
- b) Upload a photocopy of your passport
- c) Update any medical/flight information

### Step 4

Request a Student Oyster Card on Sept. 1, which will entitle you to 30% off all weekly and monthly travel cards. Only Spring & Fall students are eligible for this card)

### Step 5

Order Social Programme Tickets!



## Immigration



Make two copies of your passport. Take a copy with you and leave a copy at home.

Passport: If your passport is due to expire within 6 months of your departure from London, you must apply for a new passport.

General Student Visitor Stamp (when you arrive)

Student Visitor Visa for some nationalities

Confirmation/Acceptance letters (from BU)

## The Practicalities: Banking

- \* Inform your bank that you will be living abroad, and ensure your card/account bank allows for international transfers.
- \* Ask your bank for a 'Chip and PIN' Card for easier safer transactions.
- \* It is best to keep \$1,000 - \$2,000 in a debit account back home and use this to withdraw cash from.
- \* Parents can deposit cash into here or you can transfer it from your savings online.

**3** major UK banks are:



**BARCLAYS**

**HSBC** 

The world's local bank

 **NatWest**

# The Practicalities: Currency

Current exchange rate:

0.71

\$1 = .81p

\$10 = £8.10

\$100 = £81.00





The rumours you have heard are quite true - **London** is an expensive city!

Clubs - Entrance	\$16 - \$33
Dry Cleaning – Shirt	\$10 - \$15
Pint of Beer	\$5.80 - \$8.00
Starbucks Caffe Latte	\$3.18
Shoes (Men’s Loafers)	\$80
Simple Restaurant Meal	\$16 - \$33
Zone One Travel Card	\$110
One Month (bus, tube, DLR)	
Cinema/Movies	\$13-\$16

## London on the Cheap



Museums

Parks

*Time Out:*  
Find out about  
free events!

## RCM Student Services



RCM Orientation Events/Calendar

Library Membership

Student Union Membership

Practice Space

# Student Affairs: Social Programme

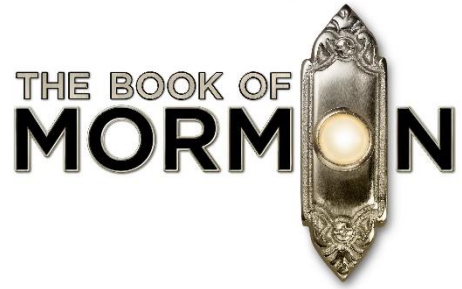
Take advantage of the **Social Programme** to get to know London and the rest of the UK!

**Student Affairs**  
Social Programme Summer 2014 - DRAFT

**BOSTON UNIVERSITY**  
e-mail student affairs

Mon 19th May	Tues. 20th	Wed. 21st	Thurs. 22nd	Fri. 23rd	Sat. 24th	Sun. 25th
	<b>ARRIVALS DAY</b> L/P Art & Architecture	<b>ORIENTATION</b> Introductory lectures <b>RA-led mixers:</b> Notting Hill Arts Club, Bavanan Restaurant, Bowling	<b>ORIENTATION</b> Introductory lectures Start of Semester Party	Open House EUSA Interviews Academic boat trip on the Thames	<b>Daytrip:</b> Windsor Castle	<b>Mixer:</b> Panoramic Tower of London
26th May, <b>BANK HOLIDAY</b>	27. <b>ELECTIVE-A CLASSES BEGIN</b> Opera: Tosca	28. <b>CORE CLASSES BEGIN</b>	29. <b>Theatre:</b> Handbagged	30. <b>Visit to:</b> Harry Potter Studio Tour <b>Sport:</b> England vs Peru Preseli Adventure Weekend	31st. <b>Daytrip:</b> Oxford/Blenheim Palace Preseli Adventure Weekend	01st June. <b>Preseli Adventure Weekend</b>
Mon. 2nd June	3rd	4th	5th. <b>Theatre:</b> Book of Mormon &	6th. <b>Horseback Riding Weekend</b> <b>Visit to:</b> Sherlock Holmes - Afternoon Tea	7th. <b>Horseback Riding Weekend</b> <b>Visit to:</b> Harry Potter Studio Tour	8th. <b>Horseback Riding Weekend</b>
		12. <b>Sport:</b> AEGON Tennis Championships <b>Event:</b> Win Wine & Cheese tasting Course	13. <b>Sport:</b> AEGON Tennis Championships <b>Visit to:</b> St Paul's Cathedral	14. <b>DEPARTURE</b> L/P Art & Architecture <b>Daytrip:</b>	15. <b>ARRIVALS</b> Conflict Resolution Horseback	

Other images in the calendar: Jamie Ker, AEGON Tennis Championships, Tosca, Oxford, Roald Dahl's Matilda THE MUSICAL.





## Life on Site: Daily Life



- Local gym memberships are available at discounted prices.
- Grocery stores, pharmacies, banks and a post office are all within walking distance of housing.
- Walking tours of BU buildings and local amenities will be held on arrival.

# The Practicalities: Basic IT



## We recommend the following:

- Bring a (wireless enabled) laptop if you have one.
- Extend the guarantee of your laptop to ensure you have maintenance abroad. (i.e. apple care, etc.)
- Bring a security cable for your laptop
- Bring an external HD, USB
- Bring a UK adaptor Kit



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## To keep in touch:

- Use your UK mobile plan if you are going to call home
- Use Skype, FaceTime, WhatsApp, Viber, etc.
- Differences locally (i.e. WiFi availability, Internet speed, limited hours of use, electricity etc.)
- Local pay-as-you-go plans are the easiest and most economical. You can either get a cheap, new phone, or just a new simcard
- Keep your current smartphone on “airplane mode” and use apps on Wi-Fi when available.
- US-based international mobile phone plans are more expensive and often don’t work. Skip them.

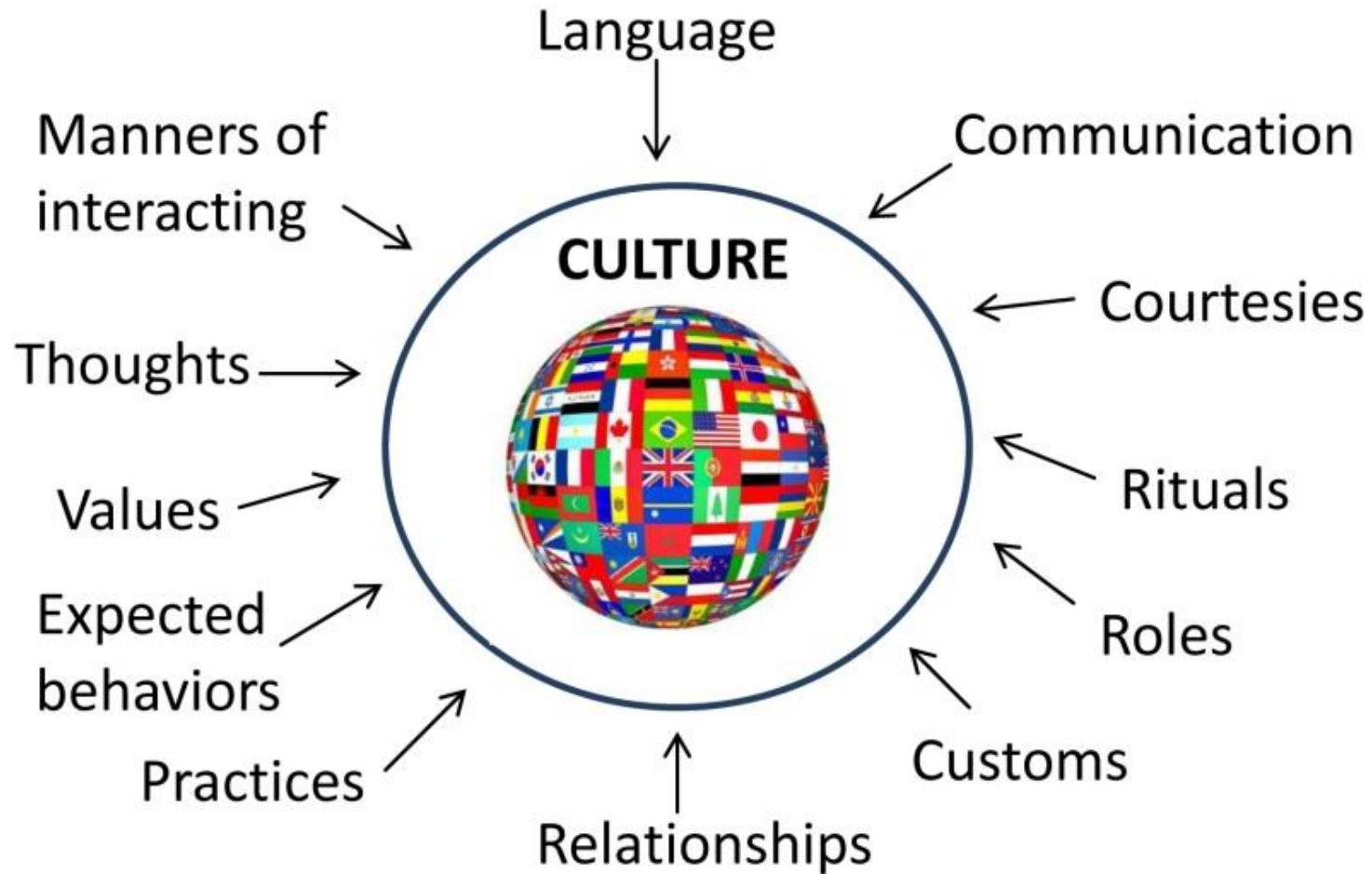


# The Practicalities: Getting Around

- Getting Around:
  - Black Cabs
  - Night Buses
  - Night Tube
  - Trains vs. airlines for weekend travel
  - Notify site when you are away

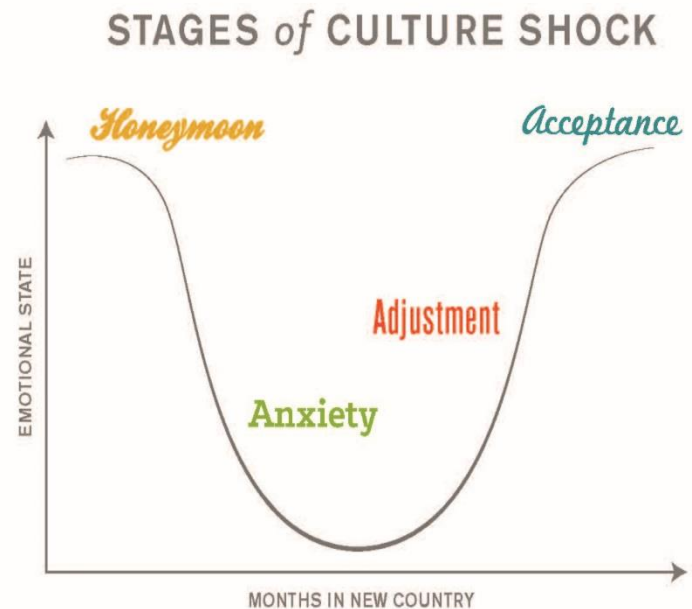


# Culture



# Top 10 Tips for Coping with Culture Shock

1. Research your host country prior to departure
2. Keep an open mind
3. Search out new experiences and friends
4. Do not judge the people of a country by one person or one experience
5. Keep a sense of humor
6. Listen and observe rather than merely see or hear
7. Reflect daily to process your experiences
8. Use your host university's support system
9. Stay in touch with home
10. Remember you have traveled far to learn about and experience a new culture, and to represent your country and school; most people only DREAM about having this experience.



**There is no "best way" to deal with culture shock; it always depends on the individual.**

# The Practicalities: Local Media

## Reading Material

Broad-sheets  
Times & Guardian; balanced  
“high brow” view.

## Tabloids

Mirror & Sun; celebrities &  
national obsessions

## Magazines

ID, NME; Youth, music, fashion  
Private Eye; Politics and Satire  
Loaded; Men's magazine

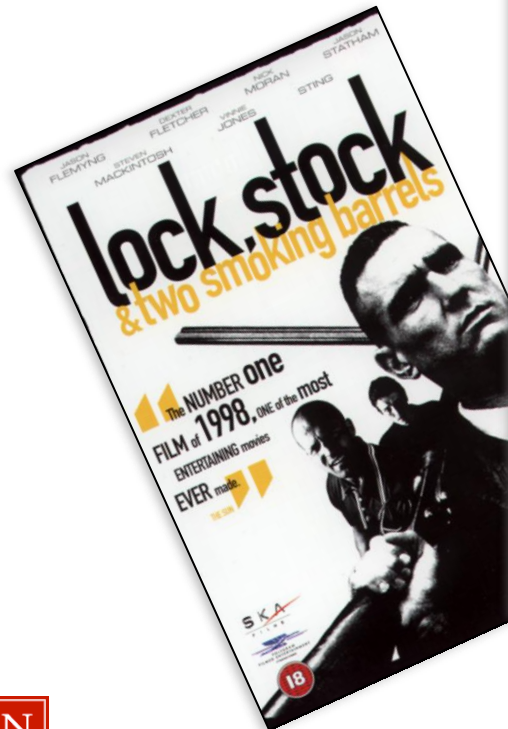
## Radio & Podcasts

Radio 4; News, talk radio, plays  
Radio 5 live; Sports & Political discussion  
Radio 1 Pop indie music, youth discussion  
LBC; London centric news & events  
KISS FM; Clubbing music, youth talk



## The Practicalities: Local Media

- The Queen
- Lock Stock & Two Smoking Barrels
- Slumdog Millionaire
- Hot Fuzz
- Bend It Like Beckham



## The Practicalities: Local Media

For those of you who like to get to know the scene through a bit of telly, make sure to check out **Made in Chelsea** (a posh reality show about the young and the rich living in your very own neighborhood) and **An Idiot Abroad** (a hilariously done travel show from the comic genius Ricky Gervais!





# Student Affairs: Health

## Plan ahead!

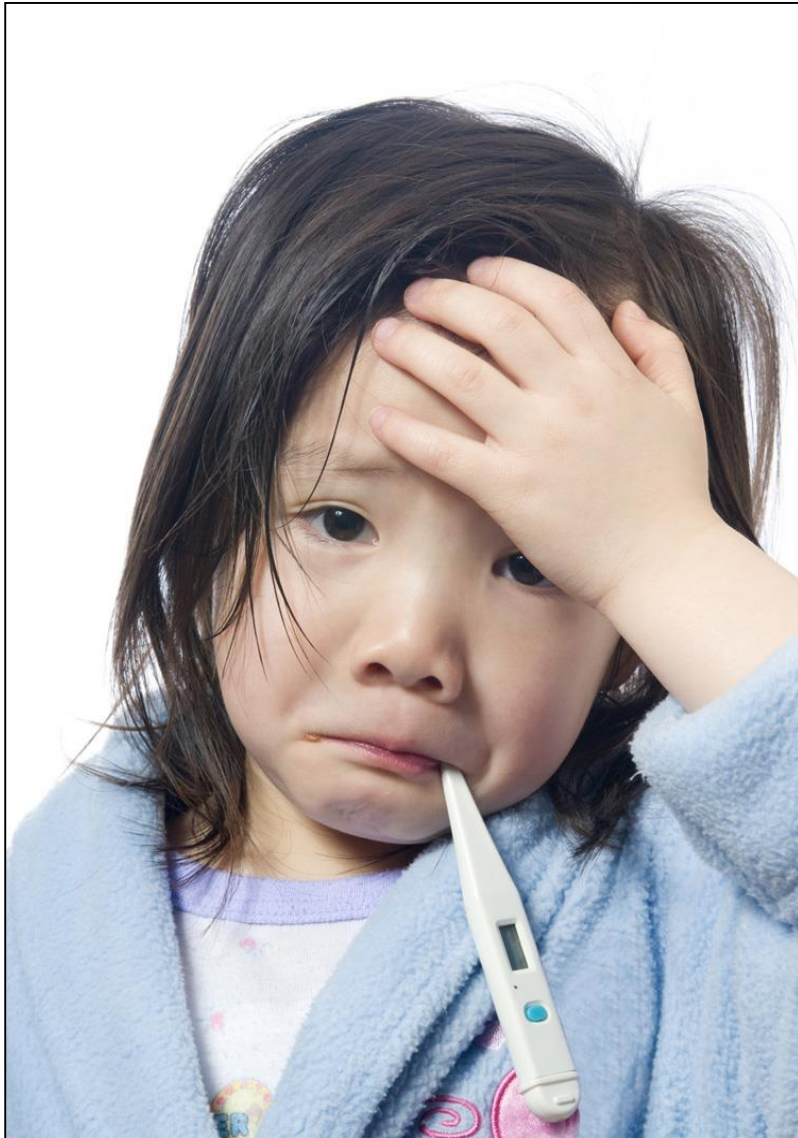
- Visit your doctor about any health concerns or for a physical, if overdue
- Maintain regular dental appointments
- **Make a plan to access your medications abroad**
  - Talk to your doctor
  - Make a copy of your prescriptions
  - Check with the host country consulate for restrictions
  - If allowable, obtain a supply for full semester
  - Do not plan to ship medicine abroad
- Understand that medical facilities will be different abroad
- Learn about local health system and cultural differences
- Contact program staff with any concerns

# Student Affairs: Mental Health



- Talk to your therapist/counselor about mental health while abroad and make a plan before you go.
- Even if you may be excited about new opportunities, stress or anxiety may increase abroad.
- BU London has an onsite therapist, Dave Johnson, who will be available on Mondays, Wednesdays & Fridays. To book an appointment with him, please email [brittany@bu-london.co.uk](mailto:brittany@bu-london.co.uk) or [katy@bu-london.co.uk](mailto:katy@bu-london.co.uk)
- Keep Healthy:
  - University resources
  - Cultural norms
  - Keep up routine (when possible)
  - HTH (or equivalent policy) covers mental health care
  - Use the on-site staff as a resource

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At least two weeks before the program start date, all students will be automatically enrolled in international insurance coverage and emergency travel assistance services **through HTH WorldWide**, including evacuation coverage.

- **Valid for the duration of the program, and extendable at the student's expense**
  - Detailed coverage information is provided on the BU Study Abroad [Health & Safety page](#) and again by email at the time of enrollment
  - In case of need of medical treatment, mental health counseling, or travel assistance while abroad or to set up appointments in advance, contact HTH directly and identify yourself as a Boston University student:
    - +1 610-254-8771
    - [globalhealth@hthworldwide.com](mailto:globalhealth@hthworldwide.com)
- **All students are required to maintain their US-based health insurance coverage while abroad**

# Student Affairs: Safety Plans

## Program Emergency Plan

- Boston University closely monitors the security situation across the world, and follows guidance from local authorities and the US State Department
- Detailed emergency plans and general safety precautions will be explained during orientation

## Personal Emergency Plan

- Always have emergency contact numbers with you, both in your phone and separately
- Enroll in the [State Department STEP Program](#) to get travel alerts and warnings
- Talk with your family about communication expectations in the event of an emergency

# Take Responsibility for your OWN Risk Management!

- Talk to your family and friends about the location- buildings, housing, staff, insurance, resources
- Practice situational awareness: Be aware of your surroundings; be vigilant of others.
- Do not drive (road and pedestrian accidents are #1 cause of injury/death abroad)
- Do not participate in demonstrations or protests
- Drink responsibly –The majority of problems student's face are related to alcohol. It's not the staff's responsibility to manage your consumption!
- Travel with others and look out for each other.
- Pay attention to the news (before and during the program)
- Practice safe sex and report any sexual assault to staff abroad.



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# Our Expectations of you:

We expect that you will...

- Share responsibility for your safety and that of others in the program
- You will be reachable by local phone at all times. Keep your phone charged and topped-up with minutes.
- You will reach out to program staff and your family if you experience, witness or become aware of a serious incident of any kind.
- You will report issues of any sort in a timely manner to the on-site staff (or directly to Boston if necessary) so that we can help you.



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### Keep your belongings safe

- Do not bring valuables or sentimental items abroad
- Avoid carrying large amounts of cash
- Monitor your wallet/purse closely. Keep money hidden, or consider a money belt
- Limit smartphone usage in public
- Carry only necessities out at night – make sure you have emergency numbers with you

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# Student Affairs: Preparation

- BU provides a variety of educational programs designed to promote awareness and prevention of sexual assault and domestic violence.
- **Rape Aggression Defense (RAD) training**
- The Boston University Police Department offers RAD training several times during the year, and can schedule additional sessions on request.
- **Sexual Assault Response & Prevention Center**
- In cooperation with BU's **Student Health Services**, SARP provides a variety of services, including:
  - Step Up. Step In. (bystander training)
  - health services
  - mental health counseling
  - violence prevention workshops during the academic year and upon request
- **Be Safe@BU**
- The Dean of Students provides programming at student orientation and beyond to educate the BU community on a variety of safety measures, including assault prevention.
- **Wellness & Prevention Services:**  
<http://www.bu.edu/shs/wellness/>
- Non-BU students, please also research your university's services



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# Student Affairs: Personal Safety

**“I didn’t know what to call what happened to me, I just knew it felt bad.”**

**You don't have to go through this alone.**



## Contact

PHONE: 617-353-SARP (7277)  
EMAIL: [sarp@bu.edu](mailto:sarp@bu.edu)   
VISIT: 930 Comm. Ave.  
Boston, MA 02215

 Follow @sarp\_bu

 Like  642

## Dean of Students Office

617-353-4126  
[dos@bu.edu](mailto:dos@bu.edu)

Visit [www.bu.edu/safety](http://www.bu.edu/safety)  
for more information.

- Boston University is committed to fostering a safe learning environment for all members of the University community and preventing sexual misconduct.
- **All forms of sexual misconduct, including rape, acquaintance rape, sexual assault, domestic and dating violence, stalking, and sexual harassment are violations of Boston University’s policies, whether they happen on campus or off campus.**
- Reporting: On-site staff should be first resource. If unavailable or uncomfortable reporting, contact Title IX Deputy Coordinator Debbie Miller at [millerda@bu.edu](mailto:millerda@bu.edu).
- BU staff/site staff are obligated to report any incident of sexual misconduct
- On-site staff will go over this in orientation

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## LOGISTICS

- Arrive at the airport no later than two hours prior to your departure
- Wear heavier clothes on the flight to be able to have room in your suitcase
- Confirm your departure time and flight

## CARRY ON

- **Passport**
- **BU London Immigration Letter (from Personal Page)**
- **Round-trip flight itinerary**
- Liquids 3oz or less in plastic bags (check [www.tsa.gov](http://www.tsa.gov) for up to date requirements)
- Essentials to last you a few days in your carry-on in case your luggage gets lost (toothpaste, deodorant, underwear, medicine, socks)

## HEALTH WHILE TRAVELING

- Drink lots of water and stay hydrated
- Be sure to time your medications while traveling
- Get lots of sleep after you arrive: jetlag can take up to a week to go away!

# Packing List

- **Luggage:**
  - Use bags that are light and sturdy – one large, one carry on, one shoulder bag or backpack
  - Pack only what you can carry *yourself*
  - Check airline restrictions on weight and number of bags you can take aboard. Overage fees may apply.
  - Do not plan on shipping items abroad
- **All students should NOT bring:**
  - **DO NOT** bring bath towels, only 1 to start
  - **DO NOT** bring bedding, it is provided
  - **DO NOT** bring a hairdryer, hair straightener or curling iron: they blow up. Purchase cheap UK equivalent at Argos or Amazon UK

The Argos logo is displayed in a bold, orange, sans-serif font. The letters are stylized with a slight curve, and a thick orange arc underlines the word, resembling a smile or a swoosh.

## Pre-Departure: Flights



### **Booking your flight to the United Kingdom:**

- 1) Group flight through Advantage Travel – Included in program cost!
- 2) Book independently; receive flight credit for amount of group flight

**Regardless of flight option, all students must update their Personal Page with their flight details.**

Before you leave don't forget to check with your airline, baggage requirements

# Arrivals/Departures



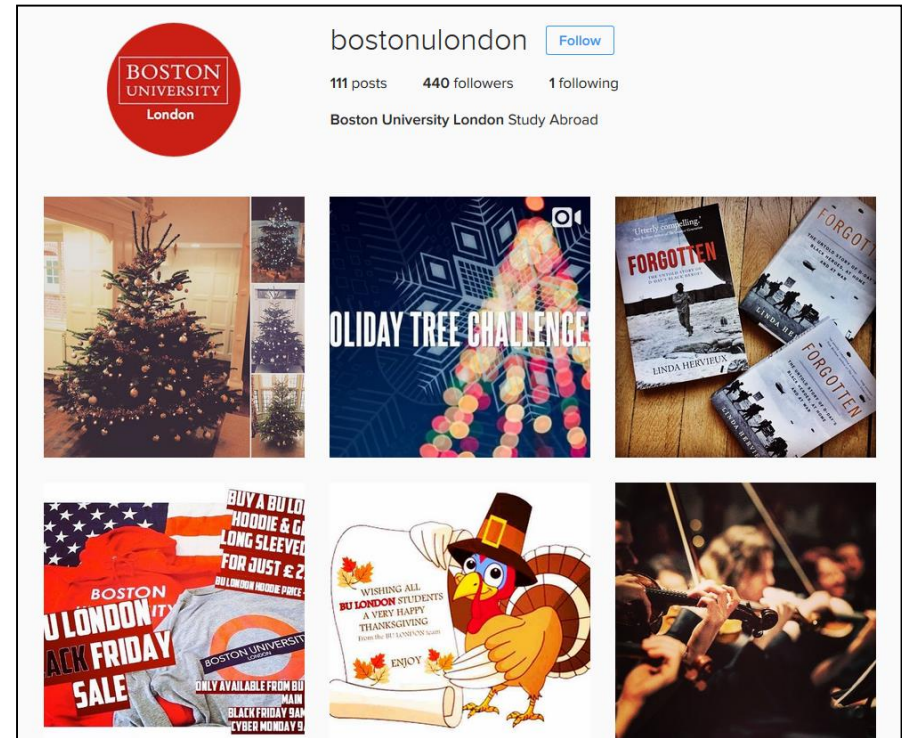
**Program Dates: August 29, 2017 – December 14, 2017**

- Enter under a student visitor stamp or visa (if applicable)
- Students are responsible for getting to their residence for check in on Arrival Day
- Directions sent to you by BU London
- Delayed arrivals should make arrangements with BU London
- Walking tour/orientation upon arrival
- Select students with academic obligations at the RCM may depart on Dec. 15 or 16 dependent upon their final performances; discuss with Program Manager individually

# Future Communication

## Some communication you can expect to receive:

- June/July/August:
  - Flight Information
  - Housing Selection
  - Arrival information
  - Getting Ready to Go e-mail (important reminders sent a few weeks before departure)
  - HTH Registration Email
- Follow BU London on Instagram!



**@bostonulondon**

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BU Study Abroad

▶ [twitter.com/BUabroad](https://twitter.com/BUabroad) ▶ [facebook.com/BUabroad](https://facebook.com/BUabroad) ▶ [bu.edu/abroad](https://bu.edu/abroad)

## Action Items

- ❑ Complete General Pre-Departure Documents to get registered for your program.
- ❑ Watch the Pre-Departure Roadmap (again!)
- ❑ Access London Personal Page
- ❑ Book your flight (July)
- ❑ Select your housing (July)

### TO DO LiST

1. **SO**
2. **MANY**
3. **THINGS**



URL: T3DS.com/736864

The3dStudio.com

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## Program Contacts



London Academic Affairs:  
[academicaffairs@bu-london.co.uk](mailto:academicaffairs@bu-london.co.uk)

BU Study Abroad:  
[coreys@bu.edu](mailto:coreys@bu.edu)

Student Life:  
[studentlife@bu-london.co.uk](mailto:studentlife@bu-london.co.uk)

CFA – Barbara Raney, Don Lucas  
[braney@bu.edu](mailto:braney@bu.edu)  
[donlucas@bu.edu](mailto:donlucas@bu.edu)





Questions?