



Come Find Your Groove at Grove Hall!

Join the Boston University Alzheimer's Disease Center Team
for an Exciting and Dynamic Exercise Class!

All Levels Welcome!

Learn why exercise is important and how to perform exercise moves correctly!

Healthy Snacks will be provided!



Date: Monday, June 26th

Time: 12:30-1:30pm

Location: Grove Hall

51 Geneva Avenue

Boston, MA 02121

**BOSTON
UNIVERSITY**

Alzheimer's Disease Center