

# AFAM QUARANTINE SURVIVAL GUIDE

A collection of literature, poems, entertainment, recipes, exercises, meditations, and activities that can be enjoyed at home and indoors during the quarantine, curated by the AFAM community.

## THE EIGHT MUST READ AFRICAN NOVELS TO GET YOU THROUGH LOCKDOWN



## COOKING: CHICKEN YASSA

- 4 bone-in, skin-on chicken legs (2 1/2 to 3 pounds)
- 4 scallions, trimmed, whites and greens finely chopped
- 2 tablespoons fresh thyme, finely chopped (or 2 teaspoons dried)
- 1 tablespoon white vinegar or apple cider vinegar 1/2 cup lime juice (from 3 or 4 limes), plus more as needed
- 4 tablespoons peanut, vegetable or canola oil, plus more as needed Kosher salt and black pepper
- 2 pounds yellow onions, halved and sliced 1/2-inch thick 1 green bell pepper, halved, seeded and cut into thin matchsticks 1 whole Scotch bonnet chile, poked with a fork (or 1 whole habanero chile, 1 to 2 minced jalapeños, or 1/2 to 1 teaspoon red-pepper flakes)
- 4 garlic cloves, finely chopped
- 4 teaspoons finely chopped fresh ginger
- 3 fresh or dried bay leaves
- 2 teaspoons Dijon mustard (optional)
- Cooked rice, for serving

Popular across West Africa, chicken yassa coaxes deep flavor from a handful of simple ingredients: smoky grilled chicken, sweet caramelized onions, tangy lime, bright ginger and spicy Scotch bonnet chile.

## STREAMING NOW

### THE BURIAL OF KOJO

Streaming on: Netflix

The movie follows the story of Esi, as she recounts her childhood and the tumultuous relationship between her father and her uncle. Directed by Samuel Bazawule, the film chronicles the tale of two brothers through the gifted eyes of a young girl who transports the audience to the beautiful lands of Ghana and other worlds that exist between life and death.

### KIKI

Streaming on: Hulu

25 years after 'Paris Is Burning' introduced the art of voguing to the world, Kiki revisits New York City's thriving underground ballroom scene. Granted intimate access to the scene, filmmaker Sara Jordanö introduces viewers to some of Kiki culture's most prominent personalities, going beyond the glamour of the balls to highlight the serious challenges facing queer black and Latino young people.

# MUSEUM OF FINE ARTS: BOSTON

## ART OF AFRICA AND OCEANIA



Mask (deangle); Dan, 20th century; Liberia, Cote d'Ivoire



Dayak figure; Dayak, northeastern Borneo mid 18th–19th century

# MUSIC

## O FORI AMPONSAH - ABABIO (COVER BY MUSICXCHANGE GHANA FT NIU RAZA)\_

## NPR MUSIC PLAYLIST: JAZZ NIGHT IN AMERICA

## LISTEN IN STORYTELLING FOR EARTH DAY 2020



Valerie Stephens offers interactive stories, songs and games from West Africa, the Americas and the Caribbean for the whole family, from Anancy The Spider to The People Who Could Fly and all that is in between.

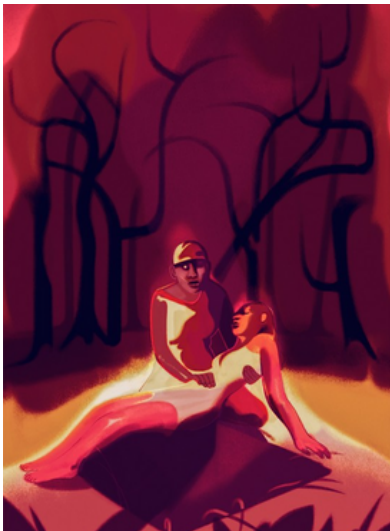
# INTERESTING READS

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## **TWO MEN ARRIVE IN A VILLAGE BY ZADIE SMITH**

"The next day the story of what happened is retold, in partial, broken versions that change depending very much on who is asking: a soldier, a husband, a woman with a clipboard, a morbidly curious visitor from the next village, or the chief's wife, returned from her sister-in-law's compound."



## **BLOOD IS ANOTHER WORD FOR HUNGER BY RIVERS SOLOMON**

Anger is an energy. A young girl, a slave in the South, is presented with a moment where she can grasp for freedom, for change, for life. She grabs it with both hands, fiercely and intensely, and the spirit world is shaken.

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## **TANZANIAN CARTOONIST HAS A STICK FOR EVERY POWERFUL EYE**

GODFREY MWAMPEMBA, POPULARLY KNOWN AS GADO, HAS BEEN HOLDING POLITICIANS ACCOUNTABLE FOR NEARLY 30 YEARS. NOW, HIS CONCERN HAS SHIFTED TO THE CORONAVIRUS.

By Abdi Latif Dahir

## **BLACK RADICAL PLEASURE**

CRITICAL RACE STUDIES AND GENDER AND SEXUALITY STUDIES, AS BROAD DISCIPLINES, MAY BE OVERDUE FOR AN IN-DEPTH ENGAGEMENT WITH BLACK RADICAL PLEASURE,

By Kirin Wachter-Grene and Louis Chude-Sokei