

# AFAM QUARANTINE SURVIVAL GUIDE

A collection of literature, poems, entertainment, recipes, exercises, meditations, and activities that can be enjoyed at home and indoors during the quarantine, curated by the AFAM community.

## REPRODUCING FESTAC '77: A SECRET AMONG A FAMILY OF MILLIONS



## COOKING: CHICKEN MAFE

- 12 cloves garlic
- 1 1-inch piece of ginger, peeled
- Kosher salt and black pepper
- Crushed red-pepper flakes
- 2 pounds bone-in chicken, skin removed
- 6 tablespoons vegetable oil
- 1 medium onion, diced
- 3 tablespoons fish sauce
- 6 ounces tomato paste
- 1 cup creamy unsweetened peanut butter
- ½ pound green cabbage, cut into 2-inch wedges
- 3 medium carrots, peeled, cut in 2-inch lengths
- 1 medium sweet potato
- 12 ounces waxy potatoes, like Yukon Gold Scotch Bonnet chile slices, to taste (optional)
- White rice, cooked, for serving

## STREAMING NOW

### GRACE JONES: BLOODLIGHT AND BAMI

Streaming on: Hulu  
A larger-than-life entertainer, an androgynous glam-pop diva – Grace Jones is all these things and more. Sophie Fiennes’s documentary goes beyond the traditional music biography, offering a portrait as stylish and unconventional as its subject.

### THE DEATH AND LIFE OF MARSHA P. JOHNSON

Streaming on: Netflix  
Filmmakers re-examine the 1992 death of transgender legend Marsha P. Johnson, who was found floating in the Hudson River. Originally ruled a suicide, many in the community believe she was murdered.

## VIDEO

### GEOGRAPHIES OF RACIAL CAPITALISM WITH RUTH WILSON GILMORE – AN ANTIPODE FOUNDATION FILM

CALL NOW!  
TOLL FREE **1-844-WYT-FEAR**  
When you're scared, white ... and probably racist!



TO THE NEXT 'BBQ BECKY': DON'T  
CALL 911. CALL 1-844-WYT-FEAR.

## PODCAST: NPR CODE SWITCH

### BLEXODUS: THE BLACK EXODUS FROM THE GOP

How did the party of the Ku Klux Klan become the party of choice for black voters? And how did the party of Abraham Lincoln become 90 percent white? It's a messy story, exemplified in the doomed friendship between Richard Nixon and his fellow Republican, Jackie Robinson.

## POETRY

Robin Coste Lewis

*What we had*

"Too much love not enough  
To eat gravel and blood fires  
A wide street two cemeteries  
Where we played Hide and Seek  
The cracked earth dead palm trees  
Houses uninhabitable long before  
They were burned being hungry  
And not knowing it wasn't normal"

Jericho Brown

*Correspondence*

I am writing to you from the other side  
Of my body where I have never been  
Shot and no one's ever cut me.  
I had to go back this far in order  
To present myself as a whole being  
You'd heed and believe in."

Danez Smith

*i'm sick of pretending to  
give a shit about what  
whypeepo think*

band-aids are the color of the ones who  
make the wound  
& whats a band-aid to a bullet to the rent is  
sky high & we  
gotta move?"

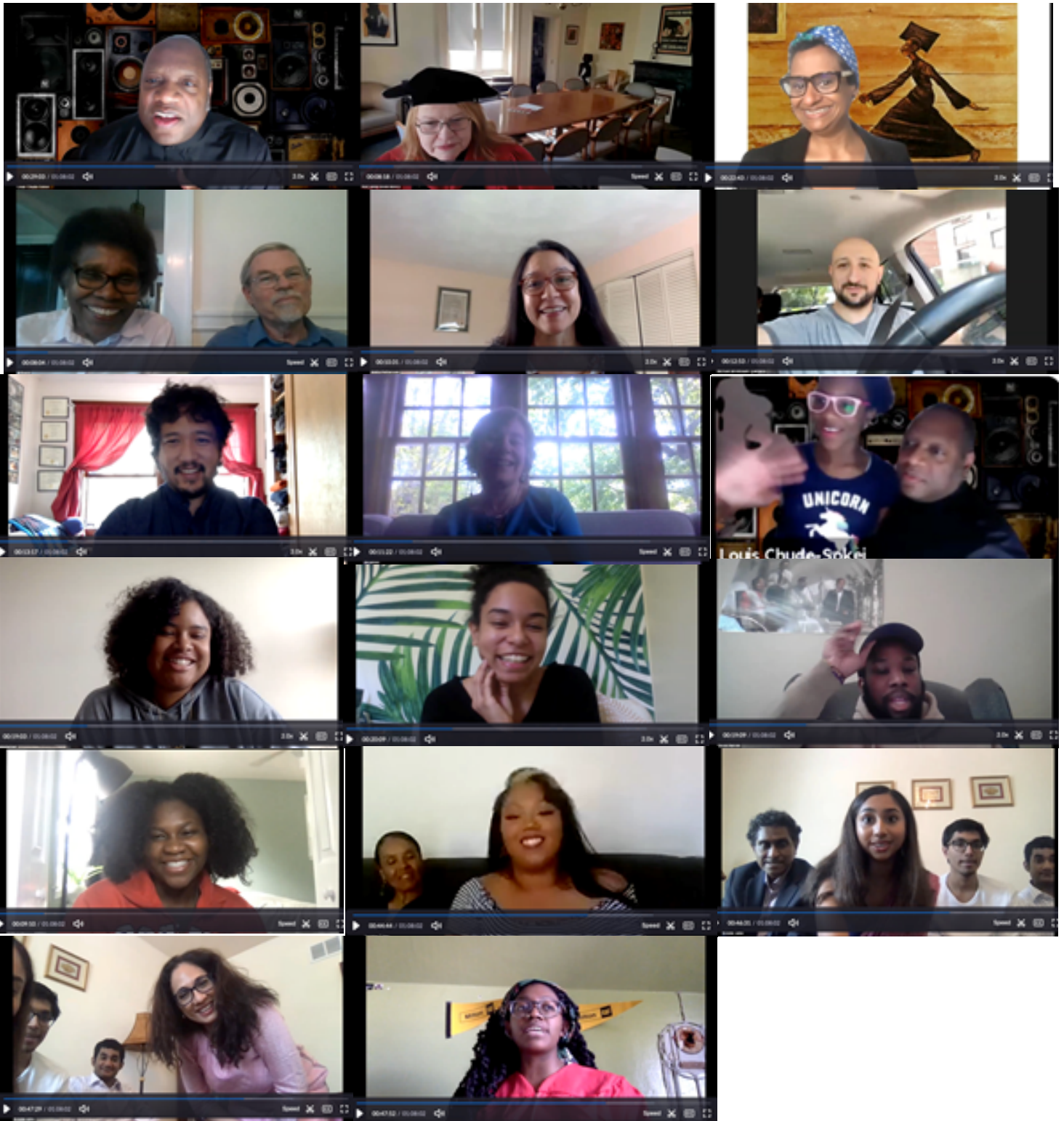
# CONGRATULATIONS CLASS OF 2020 GRADUATING MINORS!!!

Hafzat Akanni  
(CAS '20)

Jasmine Coles  
(CAS '20)

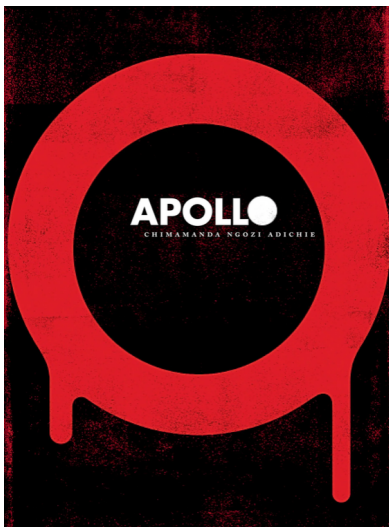
Kristin John  
(QST '20, CAS '20)

Meredith McDuffie  
(CAS '20)



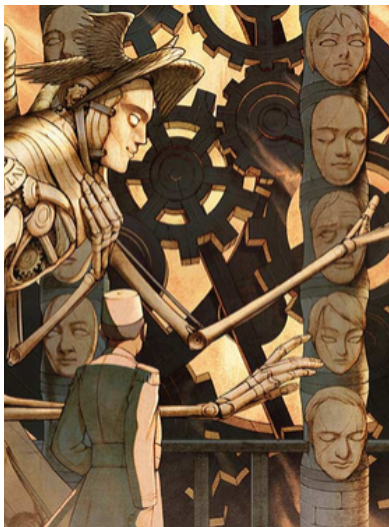
# INTERESTING READS

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## APOLLO BY BY CHIMAMANDA NGOZI ADICHIE

“Nothing changed when Raphael came to live with us, not at first. He seemed like all the others, an ordinary-looking teen from a nearby village. The houseboy before him, Hyginus, had been sent home for insulting my mother.”



## A DEAD DJINN IN CAIRO BY P. DJELI CLARK

Egypt, 1912. In an alternate Cairo infused with the otherworldly, the Ministry of Alchemy, Enchantments and Supernatural Entities investigate disturbances between the mortal and the (possibly) divine. What starts off as an odd suicide case for Special Investigator Fatma el-Sha'arawi leads her through the city's underbelly as she encounters rampaging ghouls, saucy assassins, clockwork angels, and a plot that could unravel time itself.

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## PUBLIC THINKER: YARIMAR BONILLA ON DECOLONIZING DECOLONIZATION

YARIMAR BONILLA CEMENTED HER ROLE AS A PUBLIC VOICE ON CLIMATE CHANGE AND HEMISPHERIC POLITICS AFTER HURRICANE MARIA DEVASTATED PUERTO RICO, IN 2017.

By Ryan Cecil Jobson

## BLACK LIBERAL, YOUR TIME IS UP

YES, TELL THE WORLD THAT WE ARE FED UP. BUT, BLACK LIBERAL, KNOW THAT WE ARE FINISHED WITH YOU, TOO.

By Yannick Giovanni Marshall