

# AFAM QUARANTINE SURVIVAL GUIDE

A collection of literature, poems, entertainment, recipes, exercises, meditations, and activities that can be enjoyed at home and indoors during the quarantine, curated by the AFAM community.

## WHAT TO STREAM: "TOP OF THE HEAP," A TALE OF A BLACK COP IN SEVENTIES D.C., IS A CRUCIAL WORK OF AFROFUTURISM



## LISTEN IN

### KWAME DAWES READS DERK WALCOTT



### NPR CODE SWITCH: AN IMMUNE SYSTEM



## STREAMING NOW

### LA 92

Streaming on: Netflix  
Examining the tumultuous period following the verdict in the Rodney King trial in 1992. The acquittal of four police officers for beating a black motorist saw several days of protests, violence and looting in Los Angeles.

### I MAY DESTROY YOU

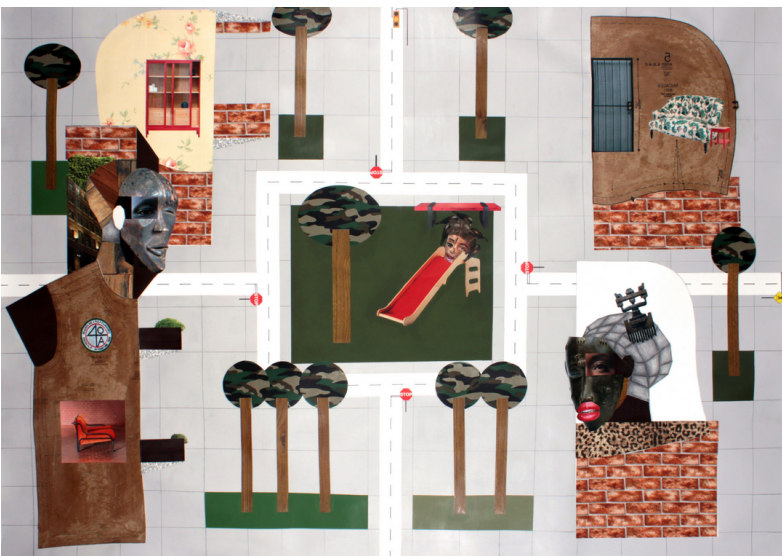
Streaming on: HBO  
Set in London, where gratification is only an app away, the story centers on Arabella (Michaela Coel), a carefree, self-assured Londoner with a group of great friends, a boyfriend in Italy, and a burgeoning writing career. But when her drink is spiked, she must question and rebuild every element of her life.

## RHONA HUFFMAN GALLERY: DERRICK ADAMS



*Derrick Adams, Walkthrough, 2014, Mixed media collage on paper, 50 x 50 inches.*

*Derrick Adams destabilizes cultural understanding of urban and identity politics through performance, collage, sculpture, and installation. For Borough, his first solo exhibition with Rhona Hoffman Gallery, Adams presents a sculpture and seven new mixed media collages that visually rupture lines between human figures and domestic architectural spaces*



*Safe Place to Play, 2014, Mixed media collage on paper, 50 x 72 inches.*

## VIDEO

IBRAHIM X. KENDI | THE  
DIFFERENCE BETWEEN BEING 'NOT  
RACIST' AND ANTIRACIST

HOW MARDI GRAS INDIANS REBEL  
AGAINST HISTORY



*Crossroads. 2012.(Digital photograph) 44 in. x 36 in. Edition of 3  
+ 2 APs.*

# INTERESTING READS

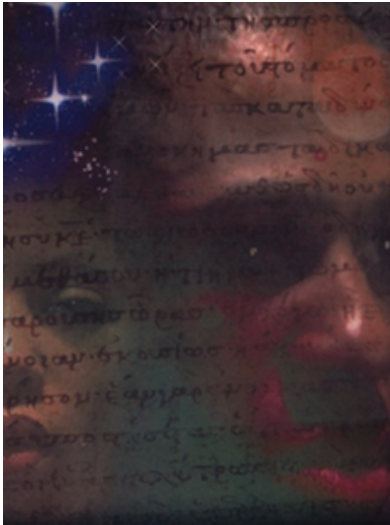
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## HOW MANY BY BRYAN WASHINGTON



He is a nurse, and he is in scrubs, and he asks if you want to eat in the cafeteria, but the hospital reminds you of your mom. You can't finish your food. The sixth one tells you all of the nicknames he's had, and then you throw in yours, until they become something like a poem: bear, black bear, brown bear, panda bear, red panda, doughboy, butterball, cookie, doughnut, sweetcake, bumper, baby-talk variations of your first names, baby-talk variations of your last names.

## THE SPACE TRADERS BY DERRICK BELL



Those mammoth vessels carried within their holds treasure of which the United States was in most desperate need: gold, to bail out the almost bankrupt federal, state, and local governments; special chemicals capable of unpolluting the environment, which was becoming daily more toxic, and restoring it to the pristine state it had been before Western explorers set foot on it; and a totally safe nuclear engine and fuel, to relieve the nation's all but-depleted supply of fossil fuel. In return, the visitors wanted only one thing-and that was to take back to their home star all the African Americans who lived in the United States.

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## A RACIAL AWAKENING IN FRANCE, WHERE RACE IS A TABOO TOPIC

WITH AN EYE ON THE UNITED STATES, CHILDREN OF IMMIGRANTS FROM AFRICA AND THE CARIBBEAN ARE BRINGING RACE INTO THE PUBLIC DISCOURSE, IN A PERCEIVED CHALLENGE TO FRANCE'S UNIVERSALISM.

By Norimitsu Onishi

## THE RETURN OF JANE ELLIOTT

BEFORE ANTI-RACIST READING LISTS AND INSTAGRAM ALLYSHIP, WHITE PEOPLE WERE PRESENTED WITH THE "BLUE EYES, BROWN EYES" EXERCISE. ITS 86-YEAR-OLD CREATOR CAN'T BELIEVE SHE'S STILL BEING ASKED ABOUT IT.

By Brianna Holt