

## PDP GS 101 A1 Beginning Fencing

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Meets twice per week: 1.0 Credit

### Course Description:

This course will cover the rules of fencing, basic footwork, techniques, and physical training. Classes will include warm-ups and footwork, followed by fencing with electrical equipment related to that week's concepts. By the end of this course students will have a fundamental understanding of fencing and the discipline and sportsmanship that the sport requires.

Under no circumstance, there will not be any type of weapon play without MASKS!

### Required Equipment:

- Long, loose pants (sweatpants)
- Sneakers (preferably low to the ground to avoid ankle related injuries)

### Learning Outcomes:

Students who have completed this course will be able to understand the basic tactics behind all three weapons of fencing, will have knowledge on how to act with sportsmanship in a tournament environment and lastly if they wish to continue fencing after this course they will have enough information to pick the weapon that suits them best.

### Grading Policy:

This class will be graded Pass/Fail, based on attendance. Please visit the [Registrar's website](#) often to view relevant deadlines! Below is a list of possible grades you may receive in this class:

P – Pass: Completed course requirements, 80% or more classes attended

W – Withdraw: If you drop this class after the specified deadline, you will receive a “W” grade.

MG - Missing Grade: If you decide you do not want to take this course, but forget to drop it, this grade will appear on your transcript. You will still be allowed to graduate and it will not affect your overall GPA, however you are strongly encouraged to drop this course within the allotted deadline to avoid this grade. Dropping before the deadline will remove this class from your transcript entirely.

I – Incomplete: If you fail to meet the attendance requirements of this course, you will receive an “I” until you have made up all missed classes. Please make arrangements with your instructor to do so within the following semester. Your grade will be changed to a “P” once you have made up all classes.

AU- Audit: If you intend to audit this class, please fill out and ask your instructor to sign a Class Adjustment/AU form and turn it in to the Registrar's Office by the deadline.

F- Fail: It is very unlikely that you will receive a failing grade. Your instructor is happy to work with you to make up any missed classes. A grade of “F” will only be given in extenuating circumstances.

**Attendance Policy & Make-Up Classes:**

Because this class is graded solely on attendance and learning is cumulative, it is important that you attend each class. You will need an 80% attendance record to receive a passing grade. You are allowed 5 absences. If you have more than 5 absences, you will need to arrange to make up the classes you have missed. You can do this by attending another section of fencing. Please speak to the instructor to make arrangements.

**Blackboard, FitRec Website & Course Evaluation:**

A Blackboard course site may be available for this class online at <http://www.learn.bu.edu> and can be accessed by entering your BU username and password. All students enrolled in this class should have access to this site, even if your school does not use Blackboard. This site will give you access to the course syllabus, any additional content, and allow you to email other students in this class. Emergency cancelations as well as other announcements may also be posted here.

For a detailed explanation of PDP credit class policies, information on registration, or schedules please visit the FitRec’s website: <http://www.bu.edu/fitrec/about/physical-education/>

Course evaluations will be sent via email at midterm and at the end of the semester. Please take the time to fill these out – your feedback is very important to us!

**Student Conduct:**

Boston University’s codes of conduct are enforced at the Fitness and Recreation Center at all times. Use of Boston University facilities is a privilege and participants are expected to be good citizens and respect the rights of others. Individuals who engage in unacceptable or irresponsible behavior may have their access to the Fitness and Recreation Center revoked or modified indefinitely as determined by the Executive Director of Physical Education, Recreation and Dance. Students may be subject to further university disciplinary action as outlined in the Boston University Code of Student Responsibilities ([www.bu.edu/dos/policies/student-responsibilities](http://www.bu.edu/dos/policies/student-responsibilities)).

**Schedule:**

*Weeks 1-6 will focus on Foil. Weeks 7-10 will focus on Epee. Weeks 10-14 will focus on Sabre. Each week will cover important concepts. The last week for each weapon will include an elimination table style tournament.*

<b>Week 1</b>	Fencing Safety and Equipment, En Garde, Point and Lunge
<b>Week 2</b>	Distance, Defense and Right of Way
<b>Week 3</b>	Counter Attack, Marching
<b>Week 4</b>	Improved Attack and Defense
<b>Week 5</b>	Additional Parries, Miscellaneous Tactics, Close Combat
<b>Week 6</b>	<b>First Tournament (Foil)</b>
<b>Week 7</b>	Arm First, Blocking Line of Attack, Patience
<b>Week 8</b>	Fleches, Various Ideas for Counter Attack, Feinting
<b>Week 9</b>	Longer Lunges, on the side: Electrical Components
<b>Week 10</b>	<b>Second Tournament (Epee)</b>
<b>Week 11</b>	Additional Rules to Right of Way, Sabre Parries
<b>Week 12</b>	Confident Attacks, Increasing Tempo
<b>Week 13</b>	Avoiding Early Finish of Attack, Constant Defense and Stable Distance
<b>Week 14</b>	<b>Third Tournament (Sabre)</b>

