

Action Plan Fitness and Recreation Center Swim Ex Pool

•**Emergency Personnel:** First, contact BUPD to activate EMS. If additional help is needed, contact athletic training services to request assistance from:

1. FitRec Athletic Training room (617-353-7377)
2. Anthony Dougal Athletic Training room (617-353-7326)
3. Case Athletic Training room (617-353-2746)

•**Emergency Communication:** The certified athletic trainer may carry a cell phone for emergency use. **A landline telephones** is located immediately to the right as you enter into the swim-ex room. There are additional landline telephones in the FitRec athletic training room.

•**Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.

1. *AED:* Mounted on the wall to the left as you enter the Fit Rec Athletic Training Room
2. *Splinting equipment:* Along the wall to the left as you enter the Fit Rec Athletic Training Room
3. *Emergency bag:* Along the to the left as you enter the Fit Rec Athletic Training Room
4. *Athletic training kit:* Bathroom in the Case Athletic Training Room, although there are first aid supplies available in the Fit Rec Athletic Training Room
5. *Oxygen delivery systems:* Along the wall leading to the left as you enter the Fit Rec Athletic Training Room

•**Lightning Safety:** In the event of a thunderstorm, the pool needs to be evacuated due to the chance of injury by ground current. At the first sign of thunder **OR** lightning:

1. Seek safe shelter in the **FitRec Athletic Training room**.
2. Designate a weather watcher to monitor the weather from a safe location.
3. No aquatic activities are to be resumed until 30 minutes after the last sign of lightning/thunder. For every sign observed, the 30 minute timer is reset.

