

# Course Outline & Learning Objectives: Sexual Assault Prevention Ongoing: **Taking Action** Ο

Topics

# Module 1: The Power to Make a Difference

- Introduction & Sensitive Content • Warning
- **Reviewing Previous Lessons** •
- A New View •
- Welcome Letter/Video •
- Pre-course Survey and Assessment
- Coming Up Next
- The Power to Make a Difference •
- Let's Review
- What Would Your Peers Do?
- Join the Majority •
- **Recognizing the Problem**
- Microaggressions •
- The Personal Struggle •
- The Community Impact •
- Taking Responsibility •
- **Bystander Intervention Steps**
- Title IX and the Clery Act •
- State Law: Legal Protections
- Sexual Misconduct Policy
- Campus Resources
- . Summary
- 2 Configurable Pages

# Module 2: How Our Identities Affect Our Actions

- Introduction •
- **Unique Identities & Perspectives** •
- How Identities Impact Experience • •
- How Our Identities Impact Our Awareness
- Identity Influences How We Intervene
- **Bystander Intervention Scenarios** .
- Identity & Our Actions .
- Taking Responsibility Can't Wait
- Summary
- **3** Configurable Pages

In this module, learners will revisit the concept of identity introduced in prior courses and reestablish the effect that identity has on an individual's experience with harassment or assault and their actions as a bystander. The learner will understand the importance of early intervention to mitigate a the risk of a situation and practice bystander intervention techniques in interactive scenarios.

### Learning Objectives

- Recognize the need for continued sexual assault prevention training in creating a safe campus and community.
- Discuss the disproportionate impact of sexual • assault on individuals who are from vulnerable groups, such as underrepresented and minority groups.
- Summarize the effect that sexual assault has on • both the people who have experienced it, and their communities.
- Assess their role as a member of the effective majority.
- Justify their power to effect change by intervening.
- Describe the protections against discrimination and harassment established by Title IX.
- Recognize microaggressions.

- Explain how identity impacts a person's beliefs, • experiences, and actions.
- Recognize how certain intersecting identities can • increase vulnerability to being a target of sexual harassment and violence.
- . Establish the importance of continued intervention practice.
- Evaluate the role of identity in scenarios in which . a person is perpetrating, experiencing, or witnessing sexual harassment or sexual assault.
- Demonstrate bystander intervention techniques in low-risk situations.
- Recognize that low-risk situations can escalate to • high-risk ones without intervention.

This module reaffirms a learner's ability to positively influence their community through their actions (such as bystander intervention) and that the learner's positive values align with those of the healthy majority on their campus.

**Module Description** 



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**Topics** 

**Module Description** 

# Module 3: Healthy Relationships are Built on Respect

- Introduction
- Healthy Relationships
- Supporting a Friend
- **Reporting Procedures**
- National Resources
- School & Local Resources
- Reporting Policy/Resources
- Taking Action with Friends
- From Awareness to Action
- **Direct Intervention**
- Distract
- Delay and Delegate
- Retaliation
- Solidarity Against Retaliation
- **Relationship Abuse**
- Why Don't They Just Leave?
- Federal and State Laws: Relationship Violence & Stalking
- Summary
- 2 Configurable Pages

In this module, learners will explore the importance of forging and maintaining healthy relationships. Learners will be provided with an opportunity to utilize bystander intervention techniques when confronting and supporting a friend through several interactive scenarios. This module will also provide the learner with guidance on supporting a friend who has experienced sexual harassment or violence, as well as information on reporting options and procedures.

### Learning Objectives

- List the qualities of a healthy relationship. •
- Explain how intervening supports healthy relationships.
- Discuss strategies for supporting survivors. •
- Apply tips for supporting a friend. •
- Discuss the concept of retaliation prohibited by • Title IX and the Clery Act.
- Define relationship abuse. •
- Apply bystander intervention techniques to scenarios involving intimate partner violence.
- Evaluate how identity impacts intimate partner violence intervention.
- Describe the techniques for bystander intervention.
- List steps to take when preparing to report.
- Identify reporting options and explain • confidential resources.

## Module 4: When Harassment Escalates to Assault

- Introduction
- Asking for Consent
- State Law: Consent
- Policy Acknowledgment
- Sexual Assault & Coercion
- **Bystander Intervention** Scenarios
- Keep Yourself Safe
- Peer Support
- Federal and State Laws: Sexual Assault
- Medical/Healthcare **Options/Local Support**
- Summary
- Post-Course Survey & Assessment
- Closing Letter/Video
- Course Summary
- **3** Configurable Pages

This module focuses on the

importance of consent in forming and maintaining healthy relationships. Learners will explore how types of coercion may lead to sexual assault. Learners will be given more opportunities to use the bystander intervention strategies in assessing and responding to scenarios of increasing complexity and depth. The instruction will focus on how inaction can lead to the escalation of negative behaviors. Finally, it will conclude with a review of terms and objectives from previous modules.

- Discuss the importance of consent in building and • maintaining healthy relationships.
- Define consent and coercion. •
- Recall and reinforce the connection between . alcohol and coercion.
- Defend the necessity of intervening in situations • of pre-assault due to the probability of escalation.
- . Apply bystander intervention techniques to high-risk sexual assault situations.
- Assess the role of identity in bystander behavior.