

# Course Outline & Learning Objectives: Sexual Assault Prevention For Student Athletes

Topics	Module Description	Learning Objectives
<b>Module 1: Introduction</b>		
<ul style="list-style-type: none"><li>• Introduction</li><li>• You Can Make a Difference</li><li>• Pre-Course Survey &amp; Assessment</li><li>• Building a Safe Community</li><li>• 2 Configurable Pages</li></ul>	<p>The module introduces at a high level the topic of sexual assault prevention in context of student athletes, as it will be covered in this course.</p>	<ul style="list-style-type: none"><li>• Start the course with an understanding of what to expect topically</li><li>• Identify their responsibility to contribute to building a safe community</li></ul>
<b>Module 2: An Opportunity to Lead</b>		
<ul style="list-style-type: none"><li>• Introduction</li><li>• A Culture of Respect</li><li>• Values are Fundamental</li><li>• A Rude Recruit</li><li>• The Problem with Stereotypes</li><li>• Red Flags for Disrespectful Language</li><li>• One of Us</li><li>• Have You Been There Before?</li><li>• Video: Empowering Bystanders</li><li>• What To Do?</li><li>• Policy Acknowledgment</li><li>• Summary</li><li>• 1 Configurable Page</li></ul>	<p>In this module, the learner reflects on their own personal values and how it influences the ways in which they treat others. They learn how to identify stereotypes and disrespectful language, and are introduced to bystander intervention techniques to implement when they encounter such disrespectful and potentially harmful behavior.</p>	<ul style="list-style-type: none"><li>• Recognize what values are important to you</li><li>• Recognize red flags for disrespectful language</li><li>• Implement bystander intervention strategies</li></ul>
<b>Module 3: Positive Relationships, Strong Communities</b>		
<ul style="list-style-type: none"><li>• Introduction</li><li>• Relationship Status Update</li><li>• Active Listening Basics</li><li>• Understanding Ideas</li><li>• Clarifying Emotions</li><li>• Listen Up</li><li>• Body Basics</li><li>• Addressing Bullying</li><li>• Handling Hazing</li><li>• Policy Acknowledgment</li><li>• Key Laws and Guidance</li><li>• Policy Acknowledgment</li><li>• Sexual Harassment</li><li>• Policy Acknowledgment</li><li>• Summary</li><li>• 2 Configurable Pages</li></ul>	<p>In this module, the learner reflects on the different types of relationships they have with people in their lives and how they can be supported through active listening. Active listening techniques are also introduced as a way to support those they know who may be experiencing sexual harassment, bullying, or other negative experiences. Through interactive scenarios, the learner is able to apply these skills and practice intervention techniques. They are also informed on several relevant pieces of legislation, including Title IX, that provides protections to them and their peers, in addition to NCAA guidelines.</p>	<ul style="list-style-type: none"><li>• Implement active listening skills</li><li>• Summarize ways to intervene when you witness bullying or hazing</li><li>• Recall key laws and regulations related to sexual harassment and safety on campus</li></ul>

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Topics	Module Description	Learning Objectives
<b>Module 4: Uniting Against Sexual Violence and Misconduct</b>		
<ul style="list-style-type: none"><li>● Introduction</li><li>● What is Sexual Violence?</li><li>● Consent</li><li>● "Straight for the Night"</li><li>● A Troubling Tradition?</li><li>● Got Stats?</li><li>● Is This Consent?</li><li>● Kayla's Story</li><li>● A Trusted Friend</li><li>● Impact of Trauma</li><li>● Supporting Survivors</li><li>● Intimate Partner Violence and Stalking</li><li>● Signs of Abuse</li><li>● Stalking</li><li>● Policy Acknowledgment</li><li>● Reporting: What You Need to Know</li><li>● Reporting Options and Processes</li><li>● Reporting &amp; Campus Resources</li><li>● Summary</li><li>● 2 Configurable Pages</li></ul>	<p>In this module, sexual violence is defined and differentiated from sexual harassment. The learner is presented with the idea of consent, and explores the multi-faceted impact of trauma on targets of sexual harassment and violence. With this context, they are then presented with strategies to support survivors and targets, and apply these strategies in interactive scenarios. They also explore the concepts of intimate partner violence and stalking, and how to appropriately and safely intervene. Lastly, they are presented with several options for reporting these incidents -- both on campus, and in their local community.</p>	<ul style="list-style-type: none"><li>● Recognize sexual violence</li><li>● Define consent, intimate partner violence, and stalking</li><li>● Implement strategies to support survivors of sexual assault and intimate partner violence</li><li>● Recall reporting options and resources</li></ul>
<b>Module 5: Conclusion</b>		
<ul style="list-style-type: none"><li>● Join the Team</li><li>● Campus Resources</li><li>● Post-Course Survey and Assessment</li><li>● Course Conclusion</li></ul>	<p>This module provides a high-level review of the concepts learned in the course. Alongside a post-course survey and exam, the learner also has the opportunity to opt-in to receiving messages from the institutional partner related to on-campus activities for sexual assault awareness and prevention. This module has two configurable pages.</p>	<ul style="list-style-type: none"><li>● Volunteer for participation in on-campus activities related to sexual assault awareness and prevention</li></ul>