



Your first stop on campus for 
MENTAL HEALTH

Start by scheduling an initial appointment at Behavioral Medicine (see reverse for details). During this appointment, we'll help you navigate your options!

SHS Behavioral Medicine



Short-term therapy



Psychiatry/medication



Support groups



Connection to other on-campus support



Referral to off-campus mental health providers that accept your insurance



HOW TO MAKE AN INITIAL APPOINTMENT

1. Log onto patientconnect.bu.edu
Select Appointments > Schedule an Appointment > Mental Health > "I would like to schedule an initial evaluation"



2. Or call 617-353-3569, Mon-Fri, 8:30 AM - 4:30 PM

If you are having a mental health crisis, do not use Patient Connect. Call 617-353-3569 for our 24/7 emergency services, call 988, or go to your nearest emergency room.

Our services are:

FREE: Covered by your tuition

CONFIDENTIAL: Not shared with family, professors, etc.

FAST: Average wait time for first appointment is within 3 days

CONVENIENT: Located at 881 Comm Ave. or online