

**Sophie Hansen, MSW, LCSW**

**INTERESTS**

Behavioral Health Integration In Healthcare, Child Welfare, Mental Health Policy, Sexual Violence as a Public Health Issue, Racial Inequities in Healthcare and Education, Reproductive Justice and Access

**EDUCATION**

MSW 2016 Simmons University, Boston, Specialization in Children & Families  
B.S. 2012 University of Massachusetts, Lowell, Criminal Justice (violence concentration)  
B.A. 2012 University of Massachusetts, Lowell, Psychology

**PROFESSIONAL DEVELOPMENT AND CERTIFICATION**

2019 Massachusetts Institute of Community Health Leadership,  
*Harvard T.H. Chan School of Public Health and Blue Cross Blue Shield Foundation*  
2018 Seminar in Field Supervision for Macro MSW Students, *Boston University*  
2017 Training Women to Run For Public Office, *Emerge Massachusetts*  
2016 Licensed Certified Social Worker, Massachusetts

**TEACHING, WORKSHOPS AND PRESENTATIONS**

2020 Part-Time Faculty, *Boston College SSW*

- The Social Welfare System, Explores current social welfare issues in the context of history and underlying political rationale and societal values. The course is designed to provide students with an understanding of the relationship between contemporary social welfare policy and social work practice. The course focuses on the historical, political, economic and other social conditions that influence policy development in the United States. Models of social welfare are presented and critiqued. Policy issues and programs that impact specific populations are explored with an emphasis on social and economic justice. The course content will be framed through the lens of distributive equity and social justice. Understanding how policy influences practice and how social workers can influence social welfare policy are examined.

2019 Adjunct Instructor, *Boston University SSW*

- Social Welfare Policy I, Explores concepts about the meaning and purpose of social welfare, ideologies, and values about the role of government and social welfare policy, the evolution of social welfare policy over time, and the role of social work in the development of social policy.

2018 "Legislation, Policy and Clinical Social Work"  
*Boston Children's Hospital, Elder Services of Merrimack Valley*

2018 NASW-MA Webinar, "State House Testimony": <https://youtu.be/Cp4FpSylhVI>

2018 "The Political Social Worker: Translating Clinical Skills to Advocacy"

*NASW-MA Symposium, Framingham, MA*

2017-present Guest Lecturer, "Legislative Advocacy in Massachusetts"  
*Boston University (6), Bridgewater State (5), Harvard, Simmons University (5)*

### **PROFESSIONAL EXPERIENCE**

#### **2018-Present Emergency Services Social Worker, Boston Children's Hospital**

Coordinates care for children and families on both inpatient medical floors as well as the emergency department through both case management and clinical interventions via psychosocial assessments. This includes but is not limited to issues concerning child protection, bereavement, medical traumas, facilitation of resources and general concerns.

#### **2017-2019 Political Director, National Association of Social Workers- MA Chapter**

Responsible for developing and executing the legislative agenda of the chapter during the two-year legislative session. This included frequent communication and mobilization of members to engage in political advocacy, as well as lobbying state legislators to secure passage of priority bills. Coordinated the chapter's internship program, included liaising with schools of social work, planned seminars and oversaw projects for interns in addition to providing weekly supervision. Routinely presented on legislative advocacy and the intersection of policy and clinical interventions to schools of social work, other academic institutions and professional agencies including conferences, workshops and symposiums. Oversaw the MSW internship program and provided supervision to two MSW interns during the academic year.

#### **2017-2018 Care Coordination Social Worker, Brigham & Women's Hospital**

As a member of the Social Work Department, I was often consulted for the patients and families on both inpatient medical floors as well as the emergency department. Consults included medical traumas, community and domestic violence, death/bereavement, new diagnoses, assessment for drug and alcohol use, assessment for mental health status/suicidality and more. Worked closely with interdisciplinary team to assist in safe discharge planning of patients.

#### **2016-2017 Training & Services Coordinator, Massachusetts Children's Alliance**

Assisted in implementing the Statewide Trauma Focused-Cognitive Behavioral Therapy (TF-CBT) learning collaborative in conjunction with the UMASS Medical consultant team and Advisory Board. This included supporting the state's Children's Advocacy Centers (CACs) in recruitment of MACA's child abuse prevention and intervention curriculum for their identified community youth-serving agencies/individuals.

#### **2016-2017 Emergency Department Psychiatric Clinician, Metrowest Medical Center**

Employed as the sole clinician for the hospital's emergency department per shift, psychiatric evaluations were conducted for patients to determine the level of care including obtaining insurance authorization and when possible, planning safe discharge and outpatient follow up for mental health issues.

#### **2015-2016 Mental Health Specialist, McLean Hospital**

Primarily stationed on the Short Term Unit (patients experiencing Mood Disorders), patients were assisted with their activities of daily living, this included 24/7 monitoring (“checks”), facilitation of groups and other projects as well as 1:1 check-ins.

**2015-2016 Intern at Child Witness to Violence Project, Boston Medical Center**

This program provides child-parent psychotherapy to children ages 0-8 and their caregivers who have experienced or witnessed a traumatic experience (domestic violence, natural disaster, war, etc). As a clinical intern, I was responsible for a caseload of 4-6 families over the course of a 24 hour week, providing therapy under the supervision of an LICSW.

**2014-2016 Psychiatric Admissions Coordinator, Metrowest Medical Center**

This hospital has four inpatient mental health units for adults, children and geriatric populations. As coordinator, I was responsible for filling all inpatient beds to capacity, while triaging and prioritizing boarders in the Emergency Departments for Natick and Framingham. When boarders were not present, I would actively call community emergency service providers seeking placement and facilitate psychiatric admissions after reviewing clinical packets. I additionally worked as a utilization reviewer, conducting concurrent review for individuals inpatient at the hospital.

**2014-2015 Intern with Mobile Crisis Team, Wayside Youth & Families**

Always with a team, I responded to behavioral and psychiatric emergencies for youth aged 0-21 and enrolled in MassHealth. A full psychosocial assessment was conducted along with appropriate contact to collaterals for a complete picture before making recommendations. The least restrictive level of care and community-based supports were prioritized at all times for the youth and their families.

**2013-2014 Residential Childcare Worker (CBAT), Walker Home & School**

I worked on the Community Based Acute Treatment (CBAT) unit, providing short-term care for children aged 3-13 by assisting with Activities of Daily Living, planning therapeutic activities and provided clinical documentation.

**PUBLICATIONS (AUTHORED AND FEATURED)**

Cathy McNally. (2018). Podcast, “Take the Mic”, Episode #14.

Hansen, S. (2017). Be a Local Advocate: How Social Workers Can Keep Giving Back Amidst Crisis. *NASW-MA FOCUS*, 44(9).

Hansen, S. (2017). Social Workers Are Primed to Lobby- Here’s Why. *NASW-MA FOCUS*, 44(10).

Hansen, S. (2018). Healthcare Reform Omnibus Bill to Affect Social Workers and Clients. *NASW-MA Social Work Voice*, 1(1).

Hansen, S. (2018). On the Front Lines of Advocacy. *NASW-MA Social Work Voice*, 1(2).

Hansen, S. (2018). Channeling Our Roles as Leaders, Advocates and Champions. *NASW-MA Social Work Voice*, 1(3).

Hansen, S. (2018). Deep Dive: The Criminal Justice Omnibus Bill. *NASW-MA Social Work Voice*, 1(4).

Hansen, S. (2018). Legislative Wins. *NASW-MA Social Work Voice*, 1(5).

Hansen, S. (2018). Power to the Polls: Your Voting Guide Is Here. *NASW-MA Social Work Voice*,

1(6).

Hansen, S. (2018). Testimony 101: Bringing Social Work Expertise to the State House. *NASW-MA Social Work Voice*, 1(7).

Hansen, S. (2019). A New Client Safeguard: What Clinicians Need to Know About PATCH. *NASW-MA Social Work Voice*, 2(1).

Hansen, S. (2019). Unveiling the 2019-2020 Legislative Agenda. *Social Work Voice*, 2(2).

Hansen, S. (2019). Social Workers and Sexual Assault: Policy Change for Prevention. *Social Work Voice*, 2(3).

Hansen, S. (2019). Advocacy During the Budget Process. *Social Work Voice*, 2(4).

Hansen, S. (2019). Coalition Building: A Cornerstone of Effective Advocacy. *Social Work Voice*, 2(5).

Simmons University. (2018). Campaigning for Social Justice with Sophie Hansen '16MSW. <https://www.simmons.edu/news/campaigning-social-justice-sophie-hansen-16msw>

### **COMMUNITY SERVICE**

2018-2019 Lobbying and Organizing Consultant, Warriors

2016-2018 Pen Pal, Timilty Middle School (Roxbury)

2016-2019 Volunteer, Boston Area Rape Crisis Center

2011-2013 Rape Crisis Counselor, Center for Hope & Healing (Lowell)

### **HONORS AND AWARDS**

2011 Omicron Delta Kappa, UMass Lowell

2011 Psi Chi, UMass Lowell

2011 Emerging Student Leader of the Year, UMass Lowell

2009-2012 Dean's List, UMass Lowell

### **SKILLS**

Community Outreach, Project Management, Event Planning, Public Speaking, Leadership, Program Evaluation, Interpersonal Relations, Research, Conflict Resolution, Time Management, Volunteer Management

### **PROFESSIONAL AFFILIATIONS**

American Civil Liberties Union (ACLU)

Emerge Massachusetts

The National Association of Social Workers

Planned Parenthood

Southern Law Poverty Center (SLPC)

### **LANGUAGES**

English: Native Language

American Sign Language: Conversational Speaker

French: Conversational Speaker, Intermediate Reading and Writing